

CONCORDIA LUTHERAN SCHOOL



ATHLETIC HANDBOOK

2020-2021

TABLE OF CONTENTS

ITEM	Page #
PHILOSOPHY	2
GOALS AND OBJECTIVES	2
CODE OF CONDUCT (<i>Athlete</i>)	3
CODE OF CONDUCT (<i>Spectator</i>)	4
PARENTAL ROLE IN ATHLETICS	5
CODE OF CONDUCT (<i>Coach</i>)	6
SPORTS OFFERED	7
PARTICIPATORY REQUIREMENTS	7
➤ PARTICIPATION FEE	7
➤ PHYSICALS	7
➤ ABSENCES (<i>excused and unexcused</i>)	7-8
➤ PLAYING TIME	8
➤ ELIGIBILITY (<i>Academic & Behavioral</i>)	8
W.L.A.L. INFORMATION	9

For current maps, standings, history, and other information,
please visit the Western Lutheran Athletic League's website at:

www.WLALsports.org

PHILOSOPHY

Athletics here at Concordia Lutheran School are an extension of the school's philosophies and mission statement. The sole purpose of the athletic program at Concordia is to give glory and honor to God through the talents and gifts that were given to us through Him.

GOALS & OBJECTIVES

Concordia Lutheran School seeks to promote three major areas of development:

Spiritual

1. Provide an opportunity for students to learn to appreciate their God-given abilities.
2. Develop a Christian attitude toward competing against one another.
3. Use athletic competition as an opportunity to live Christian values.

Physical

1. Develop an appreciation for the physical fitness necessary to successfully participate in athletics.
2. Develop the skills necessary to successfully participate in athletics.
3. Increase the awareness that a healthy lifestyle is important for maintaining physical growth.

Social

1. Create school spirit.
2. Gain a fuller understanding and greater appreciation for teamwork.
3. Develop the following character traits: courage, leadership, self-discipline, a sense of responsibility, and emotional control.
4. Provide a positive example of Christian sportsmanship in athletics.

“I CAN DO EVERYTHING THROUGH HIM WHO GIVES ME STRENGTH.” –PHILIPPIANS 4:13

CODE OF CONDUCT FOR STUDENT ATHLETES

It is a privilege to be a member of Concordia's athletic teams. Athletic talent is a gift from God, and using your talent is a way of giving glory to God. Success is not something that just happens. It requires hard work, cooperation, sacrifice, and self-discipline. Being an ambassador of Concordia means carrying out a number of responsibilities. Some of these are the following:

1. Demonstrate a Christian attitude at all times – on and off the playing field, at home and school, winning and losing.
2. Treat coaches, opponents, teammates, and officials with respect.
3. Be an encourager. Never tear down; always build up.
4. Take care of your body spiritually, physically, and mentally (*see Goals and Objectives*). Remember your body is the temple of the Holy Spirit and should be treated as such.
5. Strive for excellence in all you do. Realize the importance of giving 100% effort at all times – in practice as well as games.
6. Be a team player. Athletics is a great expression of unity. There is no “I” in TEAM.
7. Honor the commitment you made to your team. Maintain your grades, be punctual to all games and practices, and represent your school well by practicing good sportsmanship.
8. Be prepared for activities by always having the necessary equipment. You should also be prepared mentally. This means being focused on the tasks at hand.
9. Keep your parents informed of your schedule and any changes.
10. Take care of all Concordia's equipment. Respect the school's property as if it were your own.

Together Everyone Accomplishes More

CODE OF CONDUCT FOR SPECTATORS

Spectators represent the school as much as the athletes do. Because Concordia believes in good sportsmanlike conduct not only for the athletes but also for coaches, parents, and other event participants/observers, the following guidelines apply:

1. Attend the game to encourage and support the athletes. Be seated during play. During indoor events, only leave the gym during breaks and when absolutely necessary so as not to disrupt play. *Parents, please monitor the location and behavior of any children not playing on a team.*
NOTE: Any student attending home sporting events must be accompanied by an adult. Arrangements for supervision must be made BEFORE the end of the school day and must be IN WRITING. Any student without a note declaring the details of supervision will be sent to the after school Latchkey program. The parents of said unsupervised child WILL BE billed accordingly.
2. Show respect for the judgment of the officials. You do not always have to agree, but showing respect is a must.
3. Recognize and appreciate outstanding plays and efforts made by both teams.
4. Be a positive example in words and actions to those around you so that everyone may enjoy the contest.
5. Insist on the courteous treatment of the visiting team and its spectators. Show respect for the host school by honoring the rules and expectations it has.
6. Be enthusiastic! Show your school spirit!
7. Treat players with respect. They are highly impressionable children. Treat coaches with respect. They are dedicated volunteers, not highly paid professionals.
8. Remember that glorifying God and the good name of the school are far more valuable than any game won or lost by poor sportsmanship.

***IF YOU EXPECT RESPECT BE THE
FIRST TO SHOW IT!***

PARENTAL ROLE IN ATHLETICS

The parents of a student are the determining factor in a child becoming an athlete. Because we encourage all of our students to be Christians first, students second, and athletes third, the responsibilities of the parents are vital in the child becoming a total and complete athlete at Concordia. Some of these responsibilities are the following:

1. Teach your child the example of a Christian attitude toward all things.
2. Assist your child in establishing the proper priorities with respect to church, family, peers, study, and play.
3. Encourage and participate in your child's growth as an athlete. Become interested in the sport and be your child's advocate.
4. Support your child's commitment to his team and school.
5. Make a commitment to help your athlete by attending sporting events and assisting in needed ways (running the clock, keeping score, clean-up, etc.).
6. Support your child's coach. When a parent competes with or criticizes a coach, especially in front of the athletes, everyone suffers.
7. Make sure your child is at all practices and games. Be prompt in transporting your child to and from all sporting activities.
8. Teach your child to enjoy the thrill of competition, to be "out there trying," and to be in constant pursuit of improving skills and attitudes. Make sure your child knows that – win or lose – you love him/her and appreciate his/her efforts.
9. If you have a concern you need to voice, it you should first be shared with the person whom it involves. If it cannot be resolved, it should be brought to the Athletic Director's attention.
10. Make sure that you conduct yourself in a manner befitting of the Code of Conduct for Spectators (*see page 5*).

CODE OF CONDUCT FOR COACHES

The coaches should do their best to represent God, Concordia Lutheran School, and themselves in a reputable way. Coaches should respect the players, the opposing team (coaches and players), and the referees at all times. Some of the responsibilities of the coaches at Concordia are as follows:

1. Teach and display a Christian attitude at all times.
2. Teach the skills necessary for every student to improve.
3. Treat players, opposition, referees, and parents with respect.
4. Set a positive example for the students to model.
5. Be prepared for practices, games, and tournaments in order to model responsibility.
6. Speak with the Athletic Director(s) first if any decisions have to be made regarding academic or behavioral eligibility.
7. Display a healthy lifestyle for the students to model.
8. Make sure all players have an up-to-date physical on file.
9. Provide the Athletic Director with accurate statistics after completion of each athletic contest.
10. Understand that all students are different and desire different wants and needs.

***COACHING IS A RESPONSIBILITY;
NOT A CHORE!***

SPORTS OFFERED

Concordia offers sports throughout the school year for both boys and girls in grades 5-8. In extreme cases, such as the small size of a team, coaches have the authority to make an exception and invite students from grade 4 to participate. The sports that are offered at Concordia are listed below. Each sport is only offered as student interest allows. (Note: There may be a Junior Varsity and Varsity for certain sports depending on the size of the teams. Sports are for girls and boys unless otherwise noted.)

FALL SPORTS

- *Soccer
- *Girls Volleyball
- *Cross-Country

WINTER SPORTS 1

- *Boys Basketball
- *Girls Cheerleading

WINTER SPORTS 2

- *Girls Basketball

SPRING SPORTS

- *Track & Field
- *Softball

PARTICIPATORY REQUIREMENTS

PARTICIPATION FEE

Each athlete will be charged a participation fee per sport played. The fee varies in amount for each sport. This money helps to pay for referees, coaches, and other expenditures. Each sport's participation fee is due **PRIOR** to the start of the first official practice. No students are allowed to participate in practices and/or games until this fee has been paid. Please see

PHYSICALS

Any student wishing to participate in a sport must have a valid medical physical on file with the school office **prior** to practicing or trying out. All athletes must be covered by sufficient health and accident insurance. Also, athletes participating must take the Health Appraisal Form along with them to their physical to be filled out by their doctor. You can pick up a Health Appraisal Form in the school office or from the Athletic Director.

ABSENCES

When an athlete makes a commitment to a team, he/she commits to attending **ALL** practices and games. Missing practices affects the team and the coach's practice plans and could drastically alter or affect playing time. **Approved absences must**

be submitted in writing to the coach before the missed activity. Absences due to illness, family emergencies, or other extreme circumstances (coach's discretion) are considered excused. If an athlete misses school because of illness, no written notification is necessary. If a student is not in school on the day of athletic practice or competition, he/she will not be allowed to participate in activities that day. Unnecessary absences will alter playing time. **Three unexcused absences (practices or games) may result in expulsion from the team.**

PLAYING TIME

The coaches at Concordia will make every effort to play all athletes during games. With that being said, it is very hard at some points to get every athlete some playing time during every game. All of the coaches know the value that athletes place on playing time. The coaches would love to play every athlete in every game, because every athlete would have some experience for years to come. However, as was said before, sometimes the intensity of certain games does not lend itself to playing time for everyone.

Playing time will decrease when an athlete misses practice or a previous game for any reason whatsoever. It is only fair that the athletes who attend the practice(s) and/or game(s) should have priority over the athlete(s) who do not attend.

ELIGIBILITY

ACADEMIC ELIGIBILITY

Every student-athlete must make the effort in the classroom before the effort can be shown on the court, field, or other playing surface. Academics come before athletics. If a student is not making a concerted effort in the classroom, then he/she will not be able to participate in athletics. Please see the section in the school handbook entitled "Extra Curricular Activities and Eligibility" for further details.

BEHAVIORAL ELIGIBILITY

Every student-athlete must be on their best behavior at all times (in the classroom, at practices, and at games). Whether it is a home or away game, the student-athletes must conduct themselves as ambassadors of Christ and Concordia Lutheran School.

Seeing that every child and situation is different, the coaches and teachers will work together to determine a course of action as situations arise. A student receiving a **discipline notice** could result in reduced/no playing time in upcoming game(s). If a student receives a **detention** during the school day, he/she must serve the detention before he/she can participate in any extra-curricular activity. Detentions are always served on the day in which they are received.

WESTERN LUTHERAN ATHLETIC LEAGUE INFO

MEMBERSHIP

Concordia Lutheran School is a member of the Western Lutheran Athletic League (WLAL). The WLAL consists of the following schools:

- | | |
|------------------------------------|------------------------------|
| (1) Christ The King, Southgate | (6) St. Matthew, Walled Lake |
| (2) Concordia, Farm. Hills/Redford | (7) St. Matthew, Westland |
| (3) Guardian, Dearborn | (8) St. Michael, Wayne |
| (4) Northville Christian | (9) St. Paul, Royal Oak |
| (5) St. John's, Waltz | (10) St. Paul's, Livonia |

CHRIST THE KING LUTHERAN 15600 TRENTON RD. SOUTHGATE, MI 48195 P: (734) 285-9697	ST. MATTHEW LUTHERAN 2040 S. COMMERCE RD. WALLED LAKE, MI 48390 P: (248) 624-7677
CONCORDIA LUTHERAN 9600 LEVERNE REDFORD, MI 48239 P: (313) 937-2233	ST. MATTHEW LUTHERAN 5885 VENOY RD. WESTLAND, MI 48185 P: (734) 425-0261
GUARDIAN LUTHERAN 24544 CHERRY HILL DEARBORN, MI 48185 P: (313)724-2076	ST. MICHAEL LUTHERAN 3003 HANNAN WAYNE, MI 48184 P: (734) 728-3315
NORTHVILLE CHRISTIAN 41355 SIX MILE RD. NORTHVILLE, MI 48167 P: (248) 348-9031	ST. PAUL LUTHERAN 508 WILLIAMS ST. ROYAL OAK, MI 48072 P: (248) 546-6555
ST. JOHN'S LUTHERAN 28320 WALTZ WALTZ, MI 48164 P: (734) 654-6366	ST. PAUL'S LUTHERAN 17810 FARMINGTON RD. LIVONIA, MI 48152 P: (734) 421-9022
LUTHERAN HIGH SCHOOL WESTLAND 33300 COWAN RD. WESTLAND, MI 48185 P: (734-) 422-2090	

Maps to all locations can be found on the
Western Lutheran Athletic League website at:

www.WLALsports.org

ATHLETE/PARENT COMMITMENT FORM

Name _____ Grade _____

is given permission to participate in athletic events for Concordia Lutheran School.

I realize being a member of Concordia's athletic teams is a privilege. I realize that in being an athlete, I represent my team, my school, my family, and most importantly, my Lord. I recognize that in everything I am a Christian first, and my words, actions, and attitude should reflect this.

With this signed agreement, I absolve the coach(es), Concordia Lutheran School, and any and all members or its governing boards, of any responsibility for the safety, welfare, health, and well-being of the child named above, beyond such matters as may be called reasonable care and assume personal and exclusively all responsibility and liability for accident, injury, which may occur to the above named child during the transportation and sports activities.

We, as parent and athlete, have read the Athletic Handbook and fully understand the requirements and responsibilities we are taking on as participants in Concordia athletics. We commit ourselves to these guidelines and rules. We understand the consequences of being excluded from participating should we fail to uphold our commitments. We ask the Lord's blessing and guidance on this commitment and in our efforts in the season ahead.

Student signature

Date

Parent signature

Date

“I CAN DO EVERYTHING THROUGH HIM WHO GIVES ME STRENGTH.” –PHILIPPIANS 4:13